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关键词：**doi** 10.3969/j.issn.1672-5921.2015.04.011**1 概述**

SaSAH	SaSAH
aneurysmal subarachnoid hemorrhage aSAH	
	1
subarachnoid hemorrhage SaSAH	severe aneurysmal
	SaSAH
cerebral vasospasm CVS	SaSAH
	ICP
NICU	Grade of Recommendations
	Assessment Development and Evaluation GRADE
SaSAH	
	2
SaSAH	2 SaSAH 的定义和分级方法
	Hunt-Hess
SaSAH	WFNS
ICP	1 aSAH
CVS	
SaSAH	
	Hunt-Hess 0 ~
	aSAH ⁴
aSAH	
	1-3
aSAH	30.5% ~ 35.0% ⁵
	aSAH SaSAH

表 1

Hunt-Hess	WFNS
Glasgow	15
Glasgow	13 ~ 14
Glasgow	13 ~ 14
Glasgow	7 ~ 12
Glasgow	3 ~ 6
1	1 2
a	0

Hunt-Hess		20% ~ 30% ^{6,7}	表 2	CT	Fisher
Hunt-Hess	aSAH			CT	
SaSAH			1 mm		<
aSAH			≥1 mm		
0 ~					
	SaSAH				
	aSAH		DSA		
		DSA ⁹	DSA	2 ~ 4	
Hunt-Hess		DSA ¹⁰		CT	CT
aSAH		angiography	CTA		
		²		< 3 mm	
		3D-DSA		DSA	SaSAH
		CTA	CTA		
共识建议					
1		Hunt-Hess	CTA	DSA	
WFNS			MR	MRA	SaSAH
			¹¹		
2 Hunt-Hess	≥	NICU		SaSAH	
3					NICU
3 诊断				SaSAH	
SaSAH	aSAH		共识建议		
			1	SAH	CT
3.1			2		SAH
aSAH		97%	DSA	CTA	
30%			3		2 ~ 4
		SaSAH	DSA		
3.2				4 动脉瘤处理及预防再出血	
SaSAH	CT	SaSAH		4.1	
100%	5 ~ 7 d				
		80%			
		aSAH			
SaSAH	CT	aSAH			CVS
		SaSAH			
	Fisher	2	CVS		
	CVS				
SaSAH		DSA			
85% SaSAH					
DSA		3D-			



	2			PaO ₂	PaCO ₂	30 ~
20° ~30°		3	35 mmHg	CO ₂		
			5.3.1	1 GCS < 9	Hunt-	
			Hess	2		
	4		3	aSAH		
5						4
6				CVS		
7			5.3.2	22%	aSAH	
5.1.2				SaSAH		¹⁸
	Hunt-Hess	WFNS				
GCS	Fisher			SaSAH		
CTA DSA						
	ICP					
5.1.3			CVS			
	Hunt-Hess	WFNS	GCS	SaSAH		
				SaSAH		
CT						
5.2					pH	
SaSAH						
				ICP		
5.2.1	TCD		TCD	41% ~ 72%	aSAH	
	24 h					
	ICP	CVS				
5.2.2	ICP	SaSAH	ICP			
6	"	"				
5.2.3						
	SaSAH		ICU			
		Bis				
5.2.4						
ICU						
5.3						
SaSAH						
SaSAH						
SaSAH		PaO ₂				
PaCO ₂						

2 CVS

3
ICP CVS
32 ~ 35



SaSAH

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